



JUNE 2017



**** MENU IS SUBJECT TO CHANGE ****

Monday	Tuesday	Wednesday	Thursday	Friday
<p align="center">Casa Helotes (210) 695-8510</p> <p align="center">Lunch is served at noon.</p> <p align="center">Please call before 10:00 am to make your reservation.</p>			<p>1. Ham Steak Sliced Sweet Potatoes Butter Peas / Roll Dessert / 2% Milk</p>	<p>2. Lasagna Green Beans Garlic Bread Dessert / 2% Milk</p>
<p>5. Cheeseburger w/fixings Potatoes Dessert / 2% Milk</p>	<p>6. Gallina con Mole Rice / Beans Lettuce / Tomato Flour Tortilla Dessert / 2% Milk</p>	<p>7. Roast Beef Mashed Potatoes Broccoli / Roll Pineapple Cake / 2% Milk</p>	<p>8. Lemon Chicken Fried Rice Spring Rolls Fortune Cookie / 2% Milk</p>	<p>9. Fish Almondine Green Beans Salad Apple Turnover / 2% Milk</p>
<p>12. Quesadillas de Pollo Lettuce / Tomato / Sour Cream Mexican Corn Birthday Cake / 2% Milk</p>	<p>13. Meat Loaf Mashed Potatoes Broccoli / Roll Pudding / 2% Milk</p>	<p>14. Creamy Chicken over Orzo Green Beans Salad / Bread Dessert / 2% Milk</p>	<p>15. Beef Bourguignon in Red Wine Red Mashed Potatoes Sliced Carrots / Roll Dessert / 2% Milk</p>	<p>16. Grilled Chicken On Top of Salad Greens Crackers Fruit / 2% Milk</p>
<p>19. Monte Cristo Sandwich (Ham, Turkey, Cheese) Beets / Potatoes Fruit / 2% Milk</p>	<p>20. Porcupine Cabbage Roll Butter Corn Salad / Roll Dessert / 2% Milk</p>	<p>21. Chalupas de Frijoles Rice Lettuce / Tomato Dessert / 2% Milk</p>	<p>22. Stuffed Peppers Rice Salad Fruit / 2% Milk</p>	<p>23. Chili Hot Dogs Chips Beans Dessert / 2% Milk</p>
<p>26. Penne Topped w/Meat Sauce Salad Garlic Bread Fruit / 2% Milk</p>	<p>27. Lemon Basil Chicken Red Potatoes Veggie Medley Dessert / 2% Milk</p>	<p>28. Pulled Pork Sandwich Bean Salad Cookie / 2% Milk</p>	<p>29. Pollo con Calabacita Beans Salad Dessert / 2% Milk</p>	<p>30. Beef Taco Salad Tortilla Chips Rice Lettuce / Tomato Cookie / 2% Milk</p>