


July 2017

**** MENU IS SUBJECT TO CHANGE ****

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3. Chicken Kabobs w/Grill Veggies Green Salad & Hot Potato Salad Dessert/2% Milk</p>		<p>5. Spaghetti w/meat sauce Salad/Garlic Bread Pudding/2%Milk</p>	<p>6. King Ranch Chicken Green Beans Salad/Bread Dessert/2%Milk</p>	<p>7. Four Cheese Zucchini Strata Roasted Potatoes Salad Dessert/2% Milk</p>
<p>10. Pot Roast Potatoes/Carrots Salad BIRTHDAY CAKE</p>	<p>11.Sausage w/ Sautee Cabbage - Salad Seasoned Corn Dessert/2% Milk</p>	<p>12. Chicken Burger w/Fixings French Fries Dessert/2% Milk</p>	<p>13. Chalupas de Frijoles Rice Lettuce/Tomatoes Dessert/2% Milk</p>	<p>14. Cod Vera Cruz Veggies Salad Puddingt/2% Milk</p>
<p>17. Lasagna Salad Garlic Bread Fruit/2% Milk</p>	<p>18. Campfire Meal Chicken, Carrots, Potatoes Corn on the Cob/Salad Dessert/2% Milk</p>	<p>19. Carne Guisada Squash Salad Pudding/2% Milk</p>	<p>20. Chicken Pot Pie Salad Dessert/2% Milk</p>	<p>21.Chili Con Carne Whole Beans Salad/Bread Dessert/2% Milk</p>
<p>24. Poor Boy Brisket w/Fixings Cole Slaw Dessert/2% Milk</p>	<p>25. Green Enchilidas Rice/Salad Tortilla Chips Dessert/2% Milk</p>	<p>26. Hamburger w/Fixings Potatoes Fruit/ 2% Milk</p>	<p>27.Coq Au Vin Casserole Carrots/Mushrooms Salad Dessert/2% Milk</p>	<p>28. Chicken Salad Croissant Pasta Salad/Chips Dessert/2% Milk</p>
<p>31. Chicken Alfredo Fettucine Green Beans/Bread Pudding/2% Milk</p>		<p style="text-align: center;">Casa Helotes (210)695-8510 Lunch is served at noon. PLEASE CALL BEFORE 10AM☺</p>		